

ALPHA COUNSELING SERVICES

20730 Bond Road NE Suite 180

(360)779-3624

Alphapoulsbo.org

Dear Friends,

I wanted to let you all know that Debi and I are fine, so far, and have been careful where we go and what we do.

I have been doing some yard work, a few household chores, and watching too much stuff on ROKU☺

I closed Alpha on Monday March 16th and had all calls to Alpha's phone forwarded to my cell and have spent time counseling with about a dozen people. It's Monday April 6 and I'm at Alpha's office with five appointments scheduled, four are by phone and one is on Skype.

We are living in an interesting time! I have been very aware of the "Spanish Flu" of 1918 because my great uncle Charles, in his 20's, died then. It is estimated that millions of people died during that pandemic! Hopefully we have learned from that time and the outcome will be better in our time of need.

A few days ago a friend sent me what I call a "chain email/Prayer request" I have been hoping to send to as many as I can. You may already have received this but I want to be through in getting this prayer to everyone.

I was asked to be a part of a 1 million person prayer chain to slow and stop the corona virus. The idea is you pray and then pass the message on to eight other people.

"Dear Father in Heaven you alone are worthy of honor, glory, and praise. With You, we can overcome every storm – including COVID – 19. Right now, we are asking you to: Heal those who are sick and protect those who are not. Give our leaders extra wisdom as they navigate this pandemic and economic uncertainty. Strengthen your global church. Reveal to us how we can partner together to reach the needs of those around us. Calm our fears. Fill us with your hope, joy, and peace as we continue to trust in you. Show us the way and provide us the means to meet this crisis in ways that are right by you. We want your glory, power, and healing to be on display. In Jesus name, Amen."

God Bless and stay healthy, *Richard*