

Alpha Counseling Services
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Dear Friends,

While reading Oswald Chambers' devotional and praying about what to write this month, his work reminded me of how often we can get discouraged with everyday life. Recently, several folks have mentioned how hard it can be doing the same boring things often many times a day. Many moms are working full time and caring for kids, which can also be a full time job. It seems there is always laundry to be done, or repeating the same tedious chores at work can get the best of us! I won't go on, but you know what I mean.

Chambers says; "The thing that really testifies for God and for the people of God in the long run is steady perseverance, even when the work cannot be seen by others. And the only way to live an undefeated life is to live looking to God. Ask God to keep the eyes of your spirit open to the risen Christ, and it will be impossible for drudgery to discourage you. Never allow yourself to think that some tasks are beneath your dignity or too insignificant for you to do, and remind yourself of the example of Christ at the Last Supper."

John 13:3-5 Jesus, knowing that the Father had given all things into his hands, and that he had come from God and was going back to God, rose from supper. He laid aside his outer garments, and taking a towel, tied it around his waist. Then he poured water into a basin and began to wash the disciples' feet and to wipe them with the towel that was wrapped around him.

My understanding of washing feet is that it was a nasty job and was relegated to the least important person in a household. So for Jesus to do this chore was to set an example for His disciple, and for us! If the Creator of the Universe can wash dirty feet how are we to think serving others, in a humble way, is beneath us?

Debi and I are both glad that February is over and we are looking forward to warm weather. Alpha is beginning to pick up some new people and we are actually seeing people coming back who haven't been here since before COVID.

So we are encouraged, but also sad to hear how hard things have been the last 3 years. Please pray for folks struggling to make sense of the changes that have come on since the pandemic.

May God give you GRACE, MERCY, AND PEACE as you walk with Him!

Richard