

Alpha Counseling Services
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Dear Friends,

We are watching our world come unglued !!

Recently in the national news we learned that a 14 year old shot and killed 2 fellow students and 2 teachers with 9 others hurt at the beginning of this new school year. Our local schools are hiring many security people because of all the violence in our area. Too many pastors, some from mega churches, are being fired because of shameful conduct. Now we have young teens stealing cars and robbing stores! All this is awful and seems to be getting worse!

The world was in chaos and persecution of Christians was very active when the Apostle Paul warns in 2Timothy 3:1-5

But understand this, that in the last days there will come times of difficulty. For people will be lovers of self, lovers of money, proud, arrogant, abusive, disobedient to their parents, ungrateful, unholy, heartless, unappeasable, slanderous, without self-control, brutal, not loving good, treacherous, reckless, swollen with conceit, lovers of pleasure rather than lovers of God, having the appearance of godliness, but denying its power. Avoid such people.

In the same time period, while Paul was in prison, he gave us advice to help us through dark times. Philippians 4:6-7 **Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.**

I am seeing plenty of anxiety in people and Paul say our help with anxiety is not more medication but more time spent with God to have His peace. A major verse I always run to is John 14:27. **Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid.**

Be courageous in these difficult times by placing your trust in His promised inward peace.

Alpha is managing to stay busy helping troubled people and we couldn't do any of it without your prayers and support 🙏

Thank you and God bless you with abundant peace !!

Richard

