## ALPHA COUNSELING SERVICES

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Hello Friends!,

Celebrating Thanksgiving Day is here again! I know we should always be thankful but it is also good to have a national day of thankfulness. I have heard so much negative talk this year! Storms, floods, wars, violence in the streets, the cost of living, all together these can get you down. I talk to more and more people who are refusing to listen to all the bad news and then they are unaware of what is going on in our world. That tactic seems to work for them, but it doesn't work for me. I want to know a storm is coming or that there is a dangerous person living in my neighborhood. So how can we be sincerely thankful with all these real or potential problems and dangers lurking around us?

The Apostle Paul, writes in II Corinthians 4:7-18 that we have in our meager earthly bodies the light and glory of God. Verses 7-10 lists the stressful problems that can attack (but never overwhelm), and then in verse 16 he writes that we are not to lose heart, (even as our physical body weakens) because all these problems are meant to strengthen our inner spiritual life. He even states that this brief affliction only lasts here on planet Earth and is developing for us an eternal weight of glory. I am not sure what that means exactly but I know I want some of it and it can only be developed down here in all this conflict and confusion. Then Paul states one of my favorite verses; v18: "Since we consider and look not to the things that are seen but the things that are unseen; for the things that are visible are temporal (brief and fleeting), but the things that are invisible are deathless and everlasting." Amplified Bible.

It is my opinion that we will never be overwhelmed by the news of this world if we remember who God says we are and where we are going. Our problems arise when we forget! In chapter 5, Paul encourages us to be of good courage, knowing that this isn't our home.

"For we walk by faith and not by sight."

Our ambition is to be pleasing to Him in spite of our personal, national, or world wide circumstances.

That is how we can be thankful in a world full of woe!

I Thessalonians 5: 18 "Thank God IN everything- no matter what the circumstances may be, be thankful and give thanks; for this is the will of God for you [who are] in Christ Jesus [the Revealer and Mediator of that will]." Amplified Bible. We are so thankful to each one of you who faithfully support us with your prayers, and your finances. Our clients are also thankful!. To God be the glory.

May you have a Jesus filled, God blessed Thanksgiving Season! Richard